VLIFT® System Overview

- Vertebral Body Replacement System
System Description

The VLIFT® Vertebral Body Replacement System consists of a Distractible In Situ (DIS) implant, which enables the surgeon to customize the height of the implant after implantation. Extensions (if needed) and modular end caps snap into each end of the implant for quick assembly. The end caps are available in 0° or with angulation to match either the lordosis or kyphosis of the spinal segment. The implants, extensions, and end caps are composed of titanium alloy.

System Indications

Stryker Spine’s VLIFT® System is intended to replace a vertebral body or an entire vertebra. It is for use in the thoracolumbar spine (T1-L5) to replace a collapsed, damaged or unstable vertebral body or vertebra resected or excised during total and partial corpectomy and vertebrectomy procedures due to tumor or trauma (i.e., fracture). The VLIFT® System is intended to be used with supplemental internal fixation. The supplemental internal fixation systems that may be used with VLIFT® include, but are not limited to, Stryker Spine plate or rod systems (Xia® Spinal System, Spiral Radius 90D™ and Trio®). The use of bone graft with the VLIFT® System is optional.

Note: Make sure that supplemental internal fixation is compatible with the VLIFT® System before used. Reference the VLIFT® Surgical Technique for complete details, including indications and warnings.

Case Study: Courtesy of Michael Wich, MD, Director of the Trauma Clinic, Umfallkrankenhaus Berlin, Berlin, Germany

VLIFT® Case Study

Trauma patient presented with unstable fractures of the vertebral bodies of T8 and T9 with acute kyphosis of 20° and rupture of the dorsal ligamentous structures. Patient also had right sided pneumothorax and a fracture of the 7th rib on the right side and lung contusions bilaterally.

Treatment

The patient underwent treatment of this injury in two stages. On post-injury day 1, the patient was taken to the OR for posterior fixation and fusion (T6-T12) and reduction of the kyphosis. After stabilizing the patient in intensive care for one week, anterior spinal surgery was performed on day 7 via an anterior approach. A right sided thoracotomy was performed resecting the 8th rib. Corpectomies of both vertebral bodies (T8 and T9) were performed using the resected bone as bone graft. After positioning the VLIFT® implant and expanding it into final position the autologous bone was placed around the implant. Use of the VLIFT® expandable implant was particularly helpful in achieving stable anterior device placement since intraoperative distraction between T7 and T10 was not possible because of the posterior fixation.

Ten days after the traumatic injury, the patient was able to walk without brace and with crutches and full weight bearing on the left leg (due to a hip dislocation during the injury).

Note: Patient results may vary.
VLIFT® Features

- Titanium alloy material provides mechanical integrity during insertion and distraction, x-ray visibility, and biocompatibility*

- System design for ease of use in anterior and antero-lateral approaches

- Single pre-assembled implant

- Evenly spaced end cap spikes provide fixation to the bony endplate

- Single surgical instrument for ease of insertion and distraction

- Large open architecture to maximize bone-to-bone graft contact

- Large windows allow for optional in-situ insertion of bone graft

- One-step locking of the distraction mechanism with a counterclockwise turn of the pre-assembled locking screw

- Optional static extensions increase height flexibility for construct sizing

- Modular end caps have a wide footprint to prevent subsidence and to help maintain stabilization of the affected motion segment(s)

*Data on file at Stryker Spine
**VLIFT® Implants & Extensions**

### Single, Pre-assembled Implants

**Ø18 mm Implant**

- 20.5 mm height distractions to 27.5 mm
- 25 mm height distractions to 36.5 mm
- 32 mm height distractions to 50.5 mm

**Ø22 mm Implant**

- 25 mm height distractions to 36.5 mm
- 32 mm height distractions to 50.5 mm
- 37 mm height distractions to 60.5 mm

**Note:** Implant heights above include the assembly of two 0° end caps. Each 0° end cap adds 1 mm of height. See page 6 for all possible end cap configurations.

### Locking Mechanism

A pre-assembled locking screw locks the distraction mechanism and thus, the implant height in place. The locking screw only needs to be backed out two full turns with the screwdriver during the locking step.

- The locking screw is anodized gold for optimal visualization.

### VLIFT® Extensions

Extensions press fit onto both ends of the VLIFT® implant to build a longer implant construct when necessary. A mallet may be used to assemble the extensions.

#### Ø18 mm & Ø22 mm Extensions

*Each extension adds 15 mm of height

- For example:
  - Ø18 x 32 mm implant fully distracted + 1 extension + (2) 0° end caps = 65.5 mm
  - Ø18 x 32 mm implant fully distracted + 2 extensions + (2) 0° end caps = 80.5 mm
  - Ø22 x 37 mm implant fully distracted + 1 extension + (2) 0° end caps = 75.5 mm
  - Ø22 x 37 mm implant fully distracted + 2 extensions + (2) 0° end caps = 90.5 mm
End Caps

Ø18 mm and Ø22 mm end caps are available in three angles: 0°, 3°, and 8°

Note: The angled end cap options can be interchanged to enable the surgeon to build a 0°, 3°, 6°, 8°, 11°, or 16° implant construct.

Ø22 mm end caps are also available in 15° of angulation to more readily restore lumbosacral sagittal alignment.

The 15° end caps enable the surgeon to build additional 15°, 18°, 23°, and 30° Ø22 mm implant constructs.

In the thoracic region, the end caps can be rotated 180° to reconstruct the thoracic kyphotic alignment. Example by using two 3° end caps:

Note: End cap diameter = distraction ring diameter.

When using angled end caps, it is important to ensure their orientation is parallel.

Note: It is important to ensure the angled end caps are assembled to the implant in a manner that accommodates the surgical approach.

Example: In an anterior approach, the angled portion of the end cap should be facing the gold locking screw and thus, the expander when assembled.

The end caps are assembled to the implant or an extension by impacting each to the ends of the implant. End cap impactors provide alignment and an impaction surface for a mallet. The end cap remover is used as an end cap assembly station.

The Ø18 mm end cap footprint = 22 mm
The Ø22 mm end cap footprint = 26 mm

Note: Each end cap adds additional height to the implant.
0° adds 1 mm
3° adds 2.5 mm
8° adds 4.5 mm
15° adds 8 mm*

*15° only available for Ø22 mm implant
The VLIFT® expander is an all-in-one instrument designed to act as an inserter and an intra-operative distractor. The inside shaft threads into the implant while the outer, cannulated shaft is turned counterclockwise to distract the implant.

The VLIFT® implant contains a pre-assembled locking screw, which is locked with the screwdriver to secure the implant height after distraction. The screwdriver is placed into the head of the locking screw in situ, which is then turned (backed-out) two full turns counterclockwise to lock the distraction mechanism in place.

The screwdriver’s low-profile shaft provides ease of insertion and visualization during the locking step. There are laser-marks every 120° on the screwdriver shaft to provide a reference for each revolution of the screwdriver.

**Note:** Only back out the locking screw with the screwdriver two full turns.

The VLIFT® graft impactors are available in two sizes and are provided to assist in packing the implant with bone graft. The tip of the shaft of each impactor has a knurled surface, which comes in contact with the bone graft.

After the implant is distracted and locked into its final position, any void in the implant resulting from distraction can be filled through the large windows in the periphery of the implant. The small graft impactor is similar to a tamp and can be used to pack additional bone graft in situ.

**Note:** Standard O.R. instruments such as forceps or Penfields can also be used to pack bone graft.

The end cap remover is a 3-in-1 instrument, which can be used to assemble end caps, pack bone graft, and remove end caps, when necessary.

The end cap remover contains two surfaces for end cap assembly:
1. surface to impact the Ø18 and Ø22 mm 0° and 3° end caps,
2. surface to impact the Ø18 and Ø22 mm 8° end caps, as well as the Ø22 mm 15° end caps.

One side of the end cap remover disassembles the Ø18 mm end caps. The opposite side of the end cap remover disassembles the Ø22 mm end caps.

**Note:** When removing the angled end caps, insert the shortest end of the end cap into the end cap remover. Extensions can be removed by hand.

End cap impactors are available for each implant diameter to provide a method for alignment and a surface for impaction.

The inferior portion of each end cap impactor has a cylinder with two side-by-side projections. The cylinder is placed into the opening of the end cap, which enables the projections to sit into the grooves of the end cap spikes. The projections can rotate in the groove to account for whatever end cap angulation is chosen prior to impaction with a mallet.

The end cap impactors also have two wide notches, which can be used as reference points when aligning angled end caps.

The VLIFT® System consists of only one container, which contains all the implants, end caps, extensions, and associated instruments.
### Implants

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### Instruments

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*Special order item, not part of standard set
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